## SAND vs BCH LCM Dual 2024

Sanctioned by: Southern California & USA Swimming Sponsored by: Sandpipers of Nevada Sanction Number: S24-049

Date of Meet: Sunday, March 24, 2023 Entry deadline: Sunday, March 17 12-U Session: Warm-up: 7:00am; 8:00am Meet Start 13-O Session: 1 hour after the completion of AM session

	13-O Session: 1 hour after the completion of AM session
FACILITY	Pavilion Center Pool, 101 South Pavilion Center Drive, Las Vegas, NV 89144
Course	Indoor, 8-lane, 50m competition pool with one 50-meter lane for warm-up and warm-down. The competition course has been certified in accordance with 104.2.2(C) Pool depth: start end 13 and 8 feet, turn end 4.6 feet
Warm-up	All lanes will be open for USA Swimming Member Coach supervised warm-up for 50 minutes. Diving will be allowed in designated practice start lanes only under the supervision of the coaches and marshals. The pool will close 10 minutes before the start of each session. All swimmers must use 3-point slide in entries into the pool for warm up, no jumping or diving.
Meet Management	The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to Shay Kerby (kerbyfamily@me.com). Meet Admin will be run by Kathy Guerrero (swimmermom05@gmail.com).
Rules	All coaches on deck must complete the CDC or NFHS Concussion course. All coaches & officials on deck must complete the CANRA Mandatory Reporting course. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form (see 2024 SCS Swim Guide). <b>This will be a POSITIVE CHECK-IN meet.</b> After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on March 24, 2024.
	Backstroke start wedges will be available for use at the discretion of the athletes.
ENTRY RESTRICTIONS	Swimmers may swim a maximum of <b>4 individual events</b> . All events will be competed FASTEST TO SLOWEST. Swimmers in the 800 Freestyle are asked to provide their own timers and lap counters.
RECORDING DEVICES & MEDIA NOTICE	The use of audio-visual recording devices, including cell phones are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.
Drones	Operation of a drone or any flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
ELIGIBILITY	Open to athletes on BCH-CA & SAND-CA who hold 2024 USA Swimming membership registration. No late or deck registration will be accepted. In order to compete, all athletes 18 or older must complete the free online APT (ATHLETE PROTECTION TRAINING). Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 2.0) will govern this meet.
CHANGE OF AFFILIATION	Club transfers (unattach or attach) can only be completed online in SWIMS 3.0. At a meet, a swimmer may compete as Unattached but is responsible to complete the Club Transfer process online in SWIMS 3.0
SWIM WEAR	Swim wear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Please see the Tech Suit Policy on the SCS website: <a href="http://www.socalswim.org">www.socalswim.org</a> . <b>DECK CHANGES ARE PROHIBITED.</b>
RACING START CERTIFICATION	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Submitted Times	Times submitted must be the <b>best recorded times</b> short course or long course. All nonconforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times.
Awards	Ribbons will be awarded for 1-8 <sup>th</sup> place finishers. No awards will be given for 13-Over events
ENTRIES CLOSE	ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN SUNDAY, MARCH 17.

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#### ASSUMPTION OF RISK

We have taken enhanced health and safety measures for all swim meet attendees. You must follow all posted instructions at this venue. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the venue for this swim meet, you voluntarily assume all risks related to exposure to COVID-19.

#### USA SWIMMING ACKNOWLEDGEMENT OF RISK

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USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTHERN CALIFORNIA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

It is understood and agreed that Sandpipers of Nevada and USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 2.0) govern this meet.

Questions: Contact the Meet Director, Michael Kinross (<u>sandeventshost@gmail.com</u>), or the SCS office (310) 684-1151.





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ORDER OF EVENTS			
Session 1 – 7:00am Warm-up – 8:00am Meet Start			
1	11-12 200 IM	2	
3	7-10 200 IM	4	
5	11-12 100 Freestyle	6	
7	10-U 100 Freestyle	8	
9	11-12 200 Backstroke	10	
11	11-12 50 Backstroke	12	
13	10-U 50 Backstroke	14	
15	11-12 200 Breaststroke	16	
17	11-12 50 Breaststroke	18	
19	10-U 50 Breaststroke	20	
21	11-12 50 Freestyle	22	
23	10-U 50 Freestyle	24	
25	11-12 100 Butterfly	26	
27	10-U 100 Butterfly	28	
29	11-12 100 Backstroke	30	
31	10-U 100 Backstroke	32	
33	11-12 100 Breaststroke	34	
35	10-U 100 Breaststroke	36	
37	11-12 200 Butterfly	38	
39	11-12 50 Butterfly	40	
41	10-U 50 Butterfly	42	
43	11-12 200 Freestyle	44	
45	7-10 200 Freestyle	46	
Session 2 – Warm Up immediately following session 1			
Meet start 1 hour after warm ups start			
47	Mixed 13-O 400 IM	47	
48	Mixed 13-O 200 Freestyle	48	
49	Mixed 13-O 100 Breaststroke	49	
50	Mixed 13-O 100 Backstroke	50	
51	Mixed 13-O 50 Freestyle	51	
52	Mixed 13-O 200 Butterfly	52	
53	Mixed 13-O 200 Backstroke	53	
54	Mixed 13-O 200 Breaststroke	54	
55	Mixed 13-O 100 Butterfly	55	
56	Mixed 13-O 100 Freestyle	56	
57 Mixed 13-O 200 IM 57			
10 Minute Break (if needed)			
58   Mixed 13-O 800 Freestyle   58			
*Athletes in event 52 must provide their own time & counter*			





