## Sandpipers Pumpkin Invitational 2021

Sanctioned by: Southern California Swimming and USA Swimming

Sanction Number: S21-194 Sponsored by: Sandpipers of Nevada Date of Meet: October 22-24, 2021 Entry Deadline: Wednesday, Oct. 13 by 5:00PM Warm-Up Time: Fri. 3:00pm, Sat 7:00am, Sun. 6:30am Meet Start Time: Fri. 4:30pm, Sat 8:10am, Sun. 7:45am

PM session warm-up immediately following AM session. PM Session starts 75 minutes after the completion of the morning session

FACILITY Pavilion Center Pool, 101 South Pavilion Center Drive, Las Vegas, NV 89144

COURSE Indoor 25-yard competition pool with 14 lanes. The pool has been certified in accordance with 104.2.2(C) on file with USA Swimming. Pool depth:

start end 6.5ft-12ft with 12ft at turn end.

WARM UP RULES All lanes will be open for USA Swimming Member Coach supervised warm-up Friday, Saturday, Sunday. Warm-up for all sessions will be split and

teams assigned lanes; Team assignments to be announced the week of the meet. Diving will be allowed in designated practice start lanes only under the supervision of the coaches and marshals. The pool will close 10 minutes before the start of each session. All swimmers must use 3-

point slide in entries into the pool for warm up, no jumping or diving.

MEET REFEREE The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to Shay Kerby

(kerbyfamily@me.com)

**RULES** Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet. All coaches on deck must complete the CDC or NFHS Concussion course. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions

on this entry form (see 2021 SCS Swim Guide). After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH.

Swimmers must swim in their actual Age Group as determined by their age on October 22, 2021.

Backstroke start wedges will be available for use at the discretion of the athletes.

ENTRY RESTRICTIONS Swimmers may swim a maximum of 4 events per day; 9 events max for the meet. This meet will limit entries to meet the "4 Hour" rule. This will be a NEGATIVE CHECK-IN Meet and pre-seeded prior to the start of the sessions. No deck entries allowed. Scratches should be emailed to

Admin by 5pm the night before the session. Athletes 11 years and older may enter Senior events. Athletes CANNOT swim the same event in multiple sessions. Swimmers competing in events 1-3, 39B, 40B, 65B, & 66B are required to provide their own timers and lap counters. Events 1 & 2, 39B & 40B, 65B & 66B will alternate girls than boys. Event 3 will be competed mixed gender and scored separately. The meet will be competed

fastest to slowest. Timers are requested to be provided by each team.

RECORDING DEVICE & MEDIA NOTICE

The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is

acknowledgment and consent to this fact.

**DRONES** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling

locker rooms) any time athletes, coaches, officials and/or spectators are present.

Per USA Swimming Rule 102.8.1 F: Tech suits may be worn by athletes 13 or older. A Technical Suit is one that has the following components: a. SWIM WEAR Any suit with any bonded or taped seams regardless of its fabric or silhouette; or b. Any suit with woven fabric extending past the hips. (Note:

WOVEN FABRIC — A suit with woven fabric and sewn seams that does not extend below the hips is permitted.) (Note: KNIT FABRIC — A suit with knit fabric and sewn seams not extending below the knees is permitted.); please see the Tech Suit Policy on the SCS website: www.socalswim.org.

DECK CHANGES ARE PROHIBITED.

**RACING START** 

Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's CERTIFICATION

legal guardian to ensure compliance with this requirement.

**ELIGIBILITY** Open to 2021 or 2022 USA Swimming registered athletes in the Desert Committee. Space permitting, we will accept entries from other SCS teams

> and outside of SCS teams. Registration application must be received by the entry due date by the meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, and B. REGISTRATION APPLICATION MAY BE SUBMITTED TOGETHER WITH ENTRY FORM. All athletes 18 years or older must complete ATHLETE

PROTECTION TRAINING (within 30 days of turning 18), in order to compete.

**CHANGE OF AFFILIATION** 

**ENTRY FEE** 

Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at

the meet

SUBMITTED TIMES Times submitted must be BEST RECORDED TIMES short course or long course from this or preceding swim season (no workout times).

Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

QUALIFYING TIMES Swimmers must have achieved the minimum time standard listed for an event. If a swimmer does not have a recorded time but is otherwise

qualified, he/she may enter the meet at minimum (see 2021 Swim Guide for exceptions).

SCORING/AWARDS 1st\_16th place will receive ribbons. NO awards for 11-14 & Senior Events. Only by request at the admin table before the end of the meet.

\$4.00 per individual event along with a \$10.00 surcharge per swimmer AND a \$10.00 Facility surcharge per swimmer must accompany each individual entry. Relays are \$7.00 per relay. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached PDF file, including electronic signature of coach, and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY

FILE. A replacement file for the team will not be processed. Deletions will not be refunded.

**ENTRIES CLOSE** ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5:00 PM, WEDNESDAY, October 9, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid any concern regarding receipt of

entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED received.

E-MAIL ENTRIES TO: Kathy Guerrero (<a href="mailto:swimmermom05@gmail.com">swimmermom05@gmail.com</a>). Receipt of entry <a href="mailto:swimmermom05@gmail.com">swimmermom05@gmail.com</a>). Receipt of entry <a href="mailto:swimmermom05@gmail.com">swimmermom05@gmail.com</a>). MAKE CHECKS PAYABLE TO: Sandpipers of Nevada.

HAND DELIVER or MAIL TO CHECKS: Bodyline Swim Shop, 4460 S. Durango Dr. STE A, Las Vegas, NV 89147. For further meet Information please email the Meet Director, Michael Kinross (coachmichael28@gmail.com)

Updated 9/20/2021

# Sandpipers Pumpkin Invitational 2021

#### **COVID-19 ASSUMPTION OF RISK AND SOCIAL DISTANCING PROCEDURES**

#### **Local Protocols & Requirements**

- Face coverings to be worn on pool property at all times
- Maintain 6ft of separation
- More information: <a href="https://nvhealthresponse.nv.gov/">https://nvhealthresponse.nv.gov/</a>

#### **Pavilion Center Pool Protocols**

- All users (including spectators) will complete health screening prior to entering building:
  - Answer the questions on the NV COVID-19 Health Screening Survey: <a href="https://nvhealthresponse.nv.gov/wp-content/up-loads/2020/10/COVID-Screening-Guide-SPORTS.pdf">https://nvhealthresponse.nv.gov/wp-content/up-loads/2020/10/COVID-Screening-Guide-SPORTS.pdf</a>
- Locker room and bathroom facilities for emergency use only
- Masks to be worn by athletes when entering the facility, between swims, and exiting the facility
- Masks to be worn by coaches, officials, lifeguards, facility personnel, and spectators at all times

#### **Event Specific Protocols**

- Spectators will be allowed on the pool deck for their athlete's swims ONLY.
  - Announcements will be made updating the current event & heat in the water
  - Spectators will enter the building through the main entrance and walk to the west end of the deck. From the west side, they will be able to watch and cheer for their athlete
  - Immediately after the conclusion of their athlete's race, spectators will walk south to the back gate to exit to exit the facility
- The pool deck and surrounding patio is available for athletes and teams to make team areas. Bleachers will be available inside the pool deck for athlete seating. Athletes must remain 6ft apart while in these areas
- Spectators must remain in the parking lot for the duration of the swim meet
- Athletes are required to leave immediately after the conclusion of their last race and warm down
- Breaks will be built in between sessions to allow for departure and arrival without congestion
- Teams will be assigned warm-up sessions and lanes to minimize crowded
- The warm down lane and cut out usage will be capped at the facility maximums at the time of the meet
- Stop watches & counters will be cleaned after sessions or after each use with an EPA approved disinfectant
- The facility will undergo a deep clean at the conclusion of each day and be periodically cleaned through the event
- Hand sanitizer, disinfectant, and extra masks will be available at multiple stations around the facility
- Athletes will be provided a plastic bag to store their personal mask in while they are in the water
- Signage will be posted with mask mandates, social distancing reminders and capacity limits. It will also be included on the website
  Event Page, in any meet publications, and outlined in the Coaches Meeting

#### **Meet Conduct Statement**

In applying for this sanctioned event, the Host, Sandpipers of Nevada, agrees to comply and to enforce all health and safety mandates and quidelines of USA Swimming, Southern California Swimming, the State of Nevada and the City of Las Vegas.

#### **Assumption of Risk**

We have taken enhanced health and safety measures for all swim meet attendees. You must follow all posted instructions at this venue. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the venue for this swim

meet, you voluntarily assume all risks related to exposure to COVID-19. All athletes, coaches, parents, volunteers, and officials will sign the Sandpipers of Nevada Waiver of Liability Relating to Coronavirus/COVID-19. The waiver is included in this Meet Form and available for download from the Event Information Page.

#### **USA Swimming Acknowledgement of Risk**

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTHERN CALIFORNIA SWIMMING SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

## Sandpipers Pumpkin Invitational 2021

Friday, October 22 - Warm-up 3:00pm, 4:30pm Start							
Girls	Min. Time		Session 1 Events	Min. Time		D = : : =	
GIFIS	LCM	SCY	Session 1 Events	SCY	LCM	Boys	
1	6:44.99	7:39.99	11-12 500 Freestyle	7:39.99	6:59.99	2	
3	23:59.99	23:29.99	Mixed Senior 1650 Freestyle	22:59.99	23:29.99	3	

Events 1&2 will alternate girls then boys, fast to slow. Athletes will need to provide their own timers & lap counters

Saturday, October 23 - Warm-up 7:00am, 8:10am Start						
Girls	Min. Time		Session 2 Events	Min. Time		D
GILIS	LCM	SCY	Session 2 Events	SCY	LCM	Boys
5	3:39.99	3:29.99	7-10 200 Freestyle	3:19.99	3:29.99	6
7	3:04.99	2:54.99	11-12 200 Freestyle	2:54.99	3:14.99	8
9	2:11.99	1:59.99	5-8 100 Freestyle	1:56.99	2:06.99	10
11			7-10 50 Breaststroke			12
13			11-12 50 Breaststroke			14
15			5-8 25 Breaststroke			16
17			7-10 100 IM			18
19			11-12 100 IM			20
21	1:59.99	1:49.99	7-10 100 Backstroke	1:49.99	1:59.99	22
23	1:42.99	1:34.99	11-12 100 Backstroke	1:39.99	1:46.99	24
25	1:09.99	1:02.99	5-8 50 Backstroke	1:03.99	1:09.99	26
27	2:11.99	2:03.99	7-10 100 Butterfly	1:59.99	2:07.99	28
29	1:44.99	1:36.99	11-12 100 Butterfly	1:37.99	1:45.99	30
31	1:09.99	1:02.99	5-8 50 Butterfly	1:05.99	1:12.99	32
33			7-10 50 Freestyle			34
35			11-12 50 Freestyle			36
37			5-8 25 Freestyle			38

7-8 year old swimmer may compete in 5-8 OR 7-10 event, but not in any combination

Saturday, October 23 - Warm-up Immediately following AM Session						
Girls	Min. Time		Session 3 Events	Min. Time		Davis
	LCM	SCY	Session 3 Events	SCY	LCM	Boys
39A	6:44.99	6:19.99	Senior 400 IM (A-Flight)	5:59.99	6:34.99	40A
41			Senior 50 Freestyle			42
43			11-14 50 Freestyle			44
45			Senior 100 Backstroke			46
47			11-14 100 Backstroke			48
49	3:19.99	3:03.99	Senior 200 Butterfly	2:54.99	3:12.99	50
51	3:22.99	3:05.99	11-14 200 Butterfly	3:05.99	3:22.99	52
53			Senior 100 Breaststroke			54
55			11-14 100 Breaststroke			56
57	2:49.99	2:39.99	Senior 200 Freestyle	2:29.99	2:39.99	58
59	2:55.99	2:43.99	11-14 200 Freestyle	2:39.99	2:49.99	60
61			Senior 100 IM			62
63			11-14 100 IM			64
39B	6:44.99	6:19.99	Senior 400 IM (B-Flight)	5:59.99	6:34.99	40B

Session start time 75 Minutes after AM Session concludes

Events 39A & 40A will swim the fastest seeded 24 athletes (3 heats girls then 3 heats boys) fast to slow. All others will swim at end of session in 39B & 40B, alternating girls then boys. Athletes in the B-Flight must provide their own timer.

Sunday, October 24 - Warm-up 6:30am, 7:45am Start						
Girls	Min. Time		Session 5 Events	Min. Time		Davie.
GILIS	LCM	SCY	Session 3 Events	SCY	LCM	Boys
65A	6:09.99	6:59.99	Senior 500 Free (A-Flight)	6:14.99	5:49.99	66A
67	3:39.99	3:19.99	Senior 200 Breaststroke	3:14.99	3:34.99	68
69	3:52.99	3:28.99	11-14 200 Breaststroke	3:28.99	3:52.99	70
71			Senior 100 Butterfly			72
73			11-14 100 Butterfly			74
75	3:24.99	2:54.99	Senior 200 Backstroke	2:51.99	3:19.99	76
77	3:29.99	2:59.99	11-14 200 Backstroke	3:05.99	3:29.99	78
79	1:22.99	1:14.99	Senior 100 Free	1:09.99	1:14.99	80
81	1:24.99	1:16.99	11-14 100 Free	1:14.99	1:22.99	82
83	3:16.99	2:57.99	Senior 200 IM	2:51.99	3:09.99	84
85	3:18.99	2:59.99	11-14 200 IM	2:59.99	3:18.99	86
65B	6:09.99	6:59.99	Senior 500 Free (B-Flight)	6:14.99	5:49.99	66B

Session start time 75 Minutes after AM Session concludes

Events 65A & 66A will swim the fastest seeded 24 athletes (3 heats girls then 3 heats boys) fast to slow. All others will swim at end of session in 65B & 66B, alternating girls then boys. Athletes in the B-Flight must provide their own counter and timer.

	Sunday, October 24 - Warm-up Immediately following AM Session					
Girls	Min. Time		Session 4 Events	Min. Time		D
GILIS	LCM	SCY	Session 4 Events	SCY	LCM	Boys
87			5-8 100 IM			88
89	4:09.99	3:44.99	7-10 200 IM	3:44.99	4:09.99	90
91	3:33.99	3:12.99	11-12 200 IM	3:21.99	3:29.99	92
93			5-8 25 Backstroke			94
95			7-10 50 Backstroke			96
97			11-12 50 Backstroke			98
99	1:17.99	1:09.99	5-8 50 Breaststroke	1:11.99	1:18.99	100
101	2:14.99	2:07.99	7-10 100 Breaststroke	2:04.99	2:11.99	102
103	1:51.99	1:43.99	11-12 100 Breaststroke	1:47.99	1:59.99	104
105	59.99	53.99	5-8 50 Freestyle	56.99	1:01.99	106
107	1:49.99	1:39.99	7-10 100 Freestyle	1:36.99	1:44.99	108
109	1:29.99	1:19.99	11-12 100 Freestyle	1:19.99	1:27.99	110
111			5-8 25 Butterfly			112
113			7-10 50 Butterfly			114
115			11-12 50 Butterfly			116

7-8 year old swimmer may compete in 5-8 OR 7-10 event, but not in any combination

#### Meet Notes

--Athletes must be at least 11 years old AND meet the time standard to enter Senior Events

--Athletes CANNOT swim the same event in multiple sessions --All events will be swum fastest to slowest

Updated 9/9/2021





## WAIVER OF LIABILITY RELATING TO CORONAVIRUS/COVID-19

Whereas Southern Nevada Sandpipers Swimming Booster Club, Inc. and RMA Swim Team Services, LLC ("Sandpipers") has established itself as a premier youth sports program in the Las Vegas area and one of the top club swim teams in the United States. The Sandpipers, along with being recognized amongst the few Gold Medal Swim Clubs in the country, offers a comprehensive program that satisfies the needs of novice swimmers to Olympic hopeful athletes.

**Whereas** the Sandpipers are of such value to Parents, Guardians and Swimmers that they desire to join, or to resume swimming, competing, training and traveling with the Sandpipers even given the risks posed from COVID-19 as set forth herein.

Whereas in order to accomplish the goals of Sandpipers, Parents, Guardians, and Swimmers, it requires a major commitment of numerous volunteers, including but not limited to, parents, guardians, family members, friends, third parties, and any other volunteers from the swimming community ("Volunteers"). The Volunteers recognize the great benefits created by the Sandpipers and they are willing to assume the risks posed from COVID-19 as set forth herein.

**Whereas** in order to accomplish the goals of the Sandpipers, the Coaches, paid and unpaid, are required to spend numerous hours with the Swimmers, Parents, Guardians, and Volunteers which itself represents a risk to the Coaches themselves. The Coaches recognize the great benefits of Sandpipers and are willing to assume the risks posed from COVID-19 as set forth herein.

Whereas the novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is reported to be extremely contagious. The state of medical knowledge is evolving, but the virus is believed to spread from person-to-person contact and/or by contact with contaminated surfaces and objects, and even possibly in the air. People reportedly can be infected and show no symptoms and therefore spread the disease. The exact methods of spread and contraction are unknown, and there is no known treatment, cure, or vaccine for COVID-19. Evidence has shown that COVID-19 can cause serious and potentially life-threatening illness and even death.

Whereas the Sandpipers cannot prevent its Swimmers, Parents or Guardians of Swimmers, Coaches, or Volunteers from becoming exposed to, contracting, or spreading COVID-19 while training, swimming, coaching, traveling or volunteering with the Sandpipers or on the premises where Sandpipers swim, train and compete. It is not possible to prevent against the presence of the disease. Therefore, if you choose to resume swimming, training, coaching, traveling or volunteering with the Sandpipers and/or enter onto the premises where Sandpipers swim, train and compete, you may be exposing yourself and your children to, and/or increasing your risk of contracting or spreading COVID-19.

# ASSUMPTION OF RISK Swimmers and Parents or Guardians

and	, the parents or
guardians ("Parents or Guardians") of	,
· ,	, and
("Swimmer" or "Swi	, and mmers") have read and understand the
above warning concerning COVID-19. Parents or Guard	· · · · · · · · · · · · · · · · · · ·
accept the risk of contracting COVID-19 in order to res	
traveling with the Sandpipers and/or enter onto the pren	
compete. The Sandpipers are of such value to Parents or	
accept the risk of being exposed to, contracting, and/or	
swimming, training, competing, and traveling with the S	Sandpipers and/or enter onto the premises
where Sandpipers swim, train and compete.	
ASSUMPTION OF	DICK
Coaches	KISIX
Codenes	
("Coach") has read an	nd understands the above warning
concerning COVID-19. Coach hereby chooses to accept	t the risk of contracting COVID-19 in
order to coach, train, compete and travel with the Sandp	1
where Sandpipers swim, train and compete. The Sandpi	
she accepts the risk of being exposed to, contracting, an	
coach and train with the Sandpipers and/or enter onto the	ne premises where Sandpipers swim, train
and compete.	
ASSUMPTION OF	RISK
Volunteers	KISIX
("Volunteer") has rea	d and understands the above warning
concerning COVID-19. Volunteer hereby chooses to ac	<u>-</u>
order to volunteer with the Sandpipers and/or enter onto	
train and compete or traveling with the Sandpipers. The	
Volunteer that they accept the risk of being exposed to,	
in order to volunteer with the Sandpipers and/or enter or	nto the premises where Sandpipers swim.

### WAIVER OF LAWSUIT/LIABILITY

train and compete.

Further, Parents, Guardians, Swimmers, Coaches, and Volunteers hereby forever release and waive their right to bring suit against the Sandpipers, its officials, employees, coaches, members and/or volunteers in connection with exposure, infection, and/or spread of COVID-19 related to resuming swimming, training, competing and traveling with the Sandpipers and/or entering onto the premises where Sandpipers swim, train and compete. Parents or Guardians and Swimmer(s) understand that this waiver means they waive their rights to bring any claims, including without limitation, any claim for personal injuries, death, disease or property losses, or any other loss.

This includes, but is not limited to, claims of negligence, or for any damages whatsoever, whether known or unknown, foreseen or unforeseen.

#### CHOICE OF LAW

Parents or Guardians, Swimmers, Volunteers and Coaches understand and agree that the law of the State of Nevada will apply to this contract and that the Nevada District Court for Clark County shall be the venue for any such claim.

I HAVE CAREFULLY READ AND FULLY UNDERSTAND ALL PROVISIONS OF THIS RELEASE, AND FREELY AND KNOWINGLY ASSUME THE RISK AND WAIVE MY RIGHTS CONCERNING LIABILITY AS DESCRIBED ABOVE:

I am the parent or legal guardian of the minor named above. I have the legal right to consent to and, by signing below, I hereby do consent to the terms and conditions of this Release.

Date:	Signature:
	(Parent, Guardian, Swimmer, Volunteer, Coach) circle one
Date:	Signature:
	(Parent, Guardian, Swimmer, Volunteer, Coach) circle one