

BCH VS SAND September Dual Meet

Sanctioned by: USA Swimming & Southern California Swimming
Sponsored By: *Boulder City Henderson Swim team*
Date of Meet: Sept. 24,25 2021

Sanction No
Received by entry deadline: 9:00 pm *September 15, 2021*
Start Times of Meet Friday 5:00 PM Warm-up 4:15 PM
Saturday 1 PM Warm-up Noon

POOL Henderson Multigenerational Center Competition Pool. 250 S. Green Valley Parkway Henderson, NV 89012.

DIRECTIONS: Exit 215 beltway at Green Valley parkway. Turn Left on Paseo Valley, turn right into first parking lot after passing the pool.

COURSE: Outdoor 8-lane 25 yrd course. 8 warm up lanes. The competition course has been certified in compliance with 104.2.2(C) Pool depth: start end 7-12 feet and turn end 7-12 feet.

WARM-UP Procedures: All lanes will be open for USA Swimming Member Coach supervised warm-up between 4:15 p.m. and 4:55 p.m. Diving will be allowed in designated practice start lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 15 minutes before the start of the meet. The pool will close 5 minutes before the start of each session. **All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.**

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Meet Referee Darryl Molisee nvnative@gmail.com.

RULES: Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **Meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on *Sept 24, 2021* to enter this meet. Timers must be provided by all families. **Swimmer may swim a maximum of 4 events. 11-12 swimmers may only swim in 1 session not both. All coaches and officials on deck must complete the CDC or NFHS Concussion course.**

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits will not be allowed at this meet. Tech suits with bonded seams, kinetic tape or mesh seams are not allowed at this meet: please see Tech suit policy on the SCS website: www.socal.org.

DECK CHANGES: Deck changes are prohibited. **DRONES:** Operation of a drone, or any flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

RECORDING DEVICES AND MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in locker room or changing areas. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by media including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

Racing Start Certification: Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to BCH or SAND and any Unatt. Athletes training with BCH or SAND who hold 2021, 2022 USA Swimming Registration. Registration application must be received by Wednesday Sept. 15, 2021 by the SCS Office. **All athletes 18 years and older must complete the free online Athlete Protection Training in order to compete.** Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, and B. **REGISTRATION APPLICATION MAY BE SUBMITTED TOGETHER WITH ENTRY FORM. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.**

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee..

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). All nonconforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: Events will be awarded ribbons 5-8,9-10,11-12 age groups. No Awards for Senior events.

ENTRIES CLOSE: All entries to be done on the bchswim.com website to be approved by coach.

Questions: SCS Office (800) 824-6206

Email for team electronic entries only swimmermom05@gmail.com

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Current USA Swimming rules including the Minor Athlete Abuse Prevention Policy(MAAP) govern this meet.

Swimmers, coaches and meet officials and parents will be allowed on the pool deck for this meet. City of Henderson asks that all unvaccinated individuals wear masks and EVERYONE wear masks when indoors in the locker room area. All participants must have turned in their team Covid 19 waiver to participa

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Heritage Park Aquatics Center

Friday September 24, 2021

Warm up 4:15 PM Start 5:00 PM

Event 1 Mixed 9-12 200 Freestyle

Event 2 Mixed 5-8 25 Backstroke

Event 3 Mixed 9-12 100 Backstroke

Event 4 Mixed 5-8 50 Freestyle

Event 5 Mixed 9-12 50 Freestyle

Event 6 Mixed 5-8 25 Breaststroke

Event 7 Mixed 9-12 100 IM

Event 8 Mixed 5-8 100 IM

Event 9 Mixed 9-12 50 Butterfly

Event 10 Mixed 5-8 25 Freestyle

Event 11 Mixed 9-12 50 Backstroke

Event 12 Mixed 5-8 50 Backstroke

Event 13 Mixed 9-12 100 Breaststroke

Event 14 Mixed 5-8 25 Butterfly

Event 15 Mixed 9-12 100 Freestyle

Event 16 Mixed 5-8 100 Freestyle

Event 17 Mixed 9-12 100 Butterfly

Event 18 Mixed 5-8 50 Breaststroke

Event 19 Mixed 9-12 50 Breaststroke

Event 20 Mixed 5-8 50 Butterfly

Event 21 Mixed 9-12 200 IM

Saturday September 25, 2021

Warm up Noon Start 1 PM

Event 22 Mixed Senior 200 Freestyle

Event 23 Mixed Senior 100 Backstroke

Event 24 Mixed Senior 200 Breaststroke

Event 25 Mixed Senior 50 Freestyle

Event 26 Mixed Senior 200 Butterfly

Event 27 Mixed Senior 200 Im

Event 28 Mixed Senior 100 Breaststroke

Event 29 Mixed Senior 200 Backstroke

Event 30 Mixed Senior 100 Freestyle

Event 31 Mixed Senior 100 Butterfly

Event 32 Mixed Senior 400 Im

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Covid Specific Restrictions: All participants are members only of Southern California Swimming LSC and specifically BCH and SAND swim teams.

All events will be pre seeded. Scratches need to be sent to meet processor no later than Wednesday Sept. 22.

We have taken enhanced health and safety measures for all swim meet attendees. You must follow all posted instructions at this venue. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the venue for this swim meet, you voluntarily assume all risks related to exposure to COVID-19.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTHERN CALIFORNIA SWIMMING AND EACH OF THEIR OFFICIERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING BUT NOT LIMITED TO CLAIMS OF UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, I/NFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Boulder City Henderson Swim Team Return to Competition COVID-19 Preparedness & Safety Plan

Dual Meets

Boulder City Henderson Swim Team - PO Box 60321 Boulder City, Nv 89006

Competition location –

Henderson Multigenerational Center Competition Pool- Outdoor 25 yard x 50 meter pool

250 S. Green Valley Pkwy, Henderson, NV 89012

Capacity & Map for Competitions –

- Event will not exceed 250 people per session including swimmers, coaches and officials.
- BCH and SAND team members ONLY will be allowed to enter the meet.
- All entries will be done by online signup closing 10 days before event.
- Only entered athletes will be admitted to the facility.
- Only certified, invited team coaches and officials will be admitted.
- AS of June 1, 2021 Parents will be allowed to enter facility.

Arrival and Exiting –

- Swimmers will arrive in upper parking lot no more than 10 minutes before gates open.
- Swimmers must arrive in swim suits. Locker room use available but not encouraged. Masks must be worn in locker room.
- Entry will be through side gate along Paseo Verde Dr. or lower parking lot entry.
- Exit will be through scoreboard end gate or Paseo Verde Dr. side gate.
- All participants must leave facility area immediately after event.
- Meets will be in 1 session format or 2 session format with 30 minutes between.
- Congregating will not be allowed at any point before, during or after competition.

Use of Face Coverings and PPE –

- 12 & under competitors must arrive with face masks, masks must remain on at all times other than when in the water. Unvaccinated 13 and over swimmers must wear masks.
- BCH will have replacement masks available from Head Coach Mike Polk.
- BCH staff will have hand sanitizer available as needed.
- Unvaccinated spectators must wear masks in the facility.

Social Distancing –

Social distancing is highly encouraged. Please refrain from congregation for extended periods of time.